Systems Coaching (ICP-SYS) 🎖️

Description of the training

Systems thinking allows us to dissect and understand phenomena in their entirety and to become aware that each one is an integral part of a system. Everyone is influenced by the system and everyone influences the system.
This training will help you improve your ability to work in Complex Adaptive Systems.

Educational objectives

› Integrate the principles of systems thinking.
› Understanding Complex Adaptive Systems.
› Identify systemic coaching skills.
› Create a systemic coaching framework.
› Correlate his posture as a systemic coach with ethical considerations and his own cognitive biases.
› Develop your posture as a systemic coach.

Prerequisite

› Have experience with Agile principles, values, and mindset.
› Experience in Agile Coaching is recommended.

Pedagogical methods

› **Modality:** Training carried out face-to-face or remotely depending on the formula chosen.
› **Method:** The training takes place between 20% theory and 80% practice. The trainer shares theoretical points and concrete cases, initiates discussions and exchanges between the trainees and proposes games/tools related to the content and practical applications.
› **Training material:** The training material used by the trainer is given to the trainee at the end of the training.

Technical details

› In a face-to-face format, the trainer has a presentation (training support), a video projector (or TV), whiteboards and games/educational tools.
› In face-to-face format, the trainee does not need any particular support to follow the training.
› In distance learning format, the trainer has a presentation (training support), a videoconferencing platform and digital collaborative tools.
› In distance learning format, the trainee needs to have a good internet connection and a computer equipped with a webcam and a microphone.

Code
ICP050

Duration
2 days (14 hours)

Number of participants
Between 4 (minimum) and 12 (maximum) participants.

Trainee Profile
Agile Coaches, Professional Coaches, Scrum Masters, Agile Team Facilitators, Managers and anyone who wants to learn a systems approach.

Sanction of the training
› Certificate of completion of training.
› ICP-SYS certification.

Accessibility
Accessible for people with disabilities and possible adaptation depending on the type of disability (notify before the start of the training).

Access procedures and deadlines
At least 10 days before the training for a request for coverage.

Monitoring and evaluation methods
› Screening assessment.
› Evaluation at the end of the training in the form of a test (MCQ) in order to validate the acquisition of skills and knowledge.
› Satisfaction evaluation questionnaire at the end of the training.
› Attendance sheet signed by the trainee(s) and the trainer, per half-day of training.
› Certificate of completion of training.
› Cold follow-up evaluation (+ 1 month).

Trainer
Romain is an **Agile, Lean & Management 3.0 Coach | Certified Professional Coach** for several years. He accompanies at all levels of the organization and is passionate about human development.
🔗 https://www.linkedin.com/in/romainolives/

Rates
› Seat based: €1,200.00 excl. VAT
› In-house: on request

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Training content

DAY 01
INTRODUCTION
› Welcome
› Presentation of the training course
› Expectations

FOUNDATIONS OF THE SYSTEMS
› Defining systems
› Systems Thinking
› Working with Complex Adaptive Systems

INTRODUCTION TO SYSTEMIC COACHING
› What is systemic coaching?
› The system as a customer

THE CONVERSATION IN SYSTEMIC COACHING
› Creating the container
› Sensitization
› Creating an alignment
› Take action

DAY 02
INTRODUCTION
› Welcome
› Reminder of Day 02

THE COACHING POSTURE WITH SYSTEMS
› Facilitation for systemic coaches
› Professional Coaching for Systemic Coaches

SYSTEMIC COACHING CONSIDERATIONS
› Ethical Considerations of a Systemic Coach
› How does personal bias affect your coaching?
› Expand your coaching range
› Co-coaching

CONCLUSION

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